

Unit 5 Lesson 2

Vitals

Vocabulary

Definition

1. abnormal	different from the usual way
2. accurate	no mistakes
3. average	the usual amount for most people or things
4. baseline	standard measurement to use when comparing
5. beats	a regular movement or action (heart beats)
6. BP blood pressure	abbreviation for one of the vital signs – pressure of the
7. cardiac	relating to the heart and blood
8. C Celsius	international measurement of temperature (0° is the freezing point and 100° is the boiling point); also called centigrade
9. chills	shivering
10. external	outside
11. F Fahrenheit	type of measurement of temperature (freezing point is at 32 degrees above zero and boiling point of water is at 212 degrees above the zero)
12. fatigue	tiredness
13. fever	high than normal body temperature
14. gender	the fact of being male or female
15. inch	unit for measuring (12 inches equals one foot)
16. irregular	not happening in a normal way
17. labored	difficult
18. lungs	organs for breathing
19. non-invasive	a medical procedure that does not involve puncturing the skin

20. nasal	having to do with the nose
21. pain	the feeling you have when part of your body hurts
22. perspiration	moisture that comes from your skin when you are hot or nervous
23. pounds	unit of measuring weight
24. P pulse	abbreviation for one of the vital signs - the number of heartbeats per minute
25. R respirations	abbreviation used for one the vital signs – rate of breathing per minute
26. scale	a range of things ranked in order; often from lowest to highest
27. sensitive	easily affected or damaged by something
28. site	location
29. steady	not moving or shaking
30. stress	feelings of worry that prevent you from relaxing
31. susceptible	likely to suffer from a particular illness or problem
32. T temperature	abbreviation for one of vital signs - a measure of the temperature of the body
33. thermal	relating to or caused by heat
34. thready	weak (not strong)
35. vital signs	temperature, pulse, respirations, and blood pressure
36. wind pipe	the tube that takes air from your throat to your lungs (trachea)